





# IFBB AMATEUR JUNIORS & MASTERS

BODYBUILDING, CLASSIC BODYBUILDING, FITNESS, BODYFITNESS, ATHLETIC PHYSIQUE, BIKINI FITNESS

WORLD CHAMPIONSHIPS
IFBB WORLD MEN'S WHEELCHAIR
BODYBUILDING CHAMPIONSHIPS

# **INSPECTION REPORT**



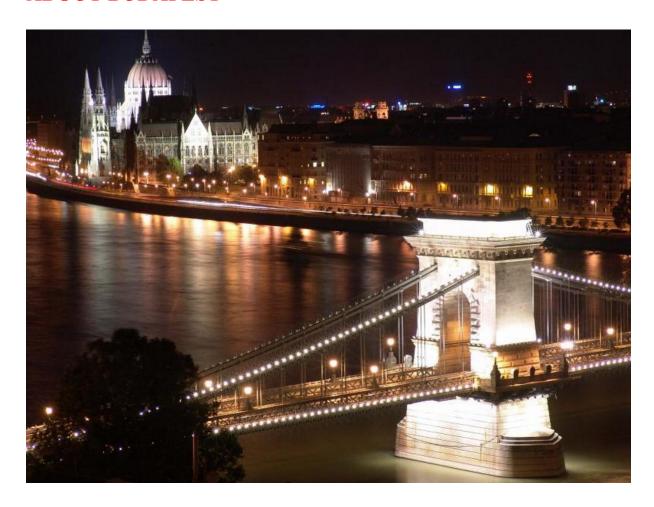
**BUDAPEST, HUNGARY** 

December 14<sup>th</sup> - 17<sup>th</sup>, 2012

#### WELCOME

The Organizing Committee of the Hungarian Bodybuilding & Fitness Federation extends a warm welcome to all IFBB National Federations to participate in the IFBB Amateur World Junior & Masters Bodybuilding, Classic Bodybuilding, Fitness, Bodyfitness, Bikini Championships in Budapest, Hungary, December 14 – December 17, 2012.

#### ABOUT BUDAPEST



The phrase "Central European" is not nearly a geographical definition; it refers to the fact that the Hungarian capital, Budapest, is more than just a capital of a small country with 10.5 million inhabitants. It is also the product of a larger area, of a particular European region: Central Europe. Located in central Europe's Carpatian basin, Hungary has been the link in the chain connecting east and west for thousands of years. The ancestors of Hungarians, or Magyars, lived in the Ural Mountains. They had close linguistic ties with other Finno-Ugrian peoples and shared certain anthropological and cultural traits with the Turks.

Budapest's most important attraction is the world-famous Buda-Castle on the west side of the Danube (granted UNESCO World Heritage Status in 1987). Budapest is the "City of Festivals"; several major cultural events are held in and around the city every year. There are over 90 major museums in the region; local history collections, regional architecture and small village museums provide additional perspectives on civilization in the area. The museums with intenationally-renowned collections include: the Museum of Applied Arts, the

Museum of Fine Arts, the National Museum, the National Gallery, and the Ludwig Museum in Budapest. It is definitelly worth mentioning the Synagogue on Budapest's Dohány Street because it is the largest synagogue in Europe and the second largest in the world. The Jewish Museum around the corner has an unique collection of traditional Jewish artifacts.

Budapest is visited by 40 million tourist per year.

http://www.youtube.com/watch?v=e0wkokaybWA

### **OFFICIAL HOTEL**

**Danubius Hotel Arena** \*\*\*\* **Budapest** 1148 Budapest, Ifjúság útja 1-3.

Danubius Hotel Arena, the leading conference hotel of Budapest, is located on the Pest side of the city, next to international fair center Hungexpo and Syma Sports and Event Center. Conference Hotel Arena can be easily reached by metro or tram, and the hotel is only a few stations far from Keleti Railway Station or the downtown of Budapest. Furthermore Puskas Ferenc Stadium, Papp Laszlo Sport Arena and Arena Plaza may be reached within a few minutes of walk. Due to the closeness of Stadionok metro station numerous sights of Budapest can be accessed fast, for example the Szechenyi Bath, the City Park or the Heroes Square. Fitness, wellness in Hotel Arena: In Arena Conference Hotel heated indoor swimming pool, Finnish sauna, infra sauna, solarium and revitalizing, relaxing massages assure the refreshment of the guests after a long conference, business meeting or sightseeing. Danubius Premier Fitness: fitness room with cardio- and fitness equipment, fitness check-up, personal fitness training, nutrition advice, participation in sport programmes: aerobics, yoga, aqua-aerobics. In the beauty salon of Hotel Arena cosmetic treatments, hairdresser, manicure and pedicure are available.





#### **IMPORTANT NOTICE**

Only the Organizing Committee is authorized to arrange hotel reservations, including accommodations before the Official Arrival Date, after the Official Departure Date and during the Championships, for all Official Participants (Athletes and Delegates), extra delegates, supporters, media and others.

#### ACCOMMODATIONS

The Organiser will provide free-of-charge accommodations and three meals per day, starting with dinner on Friday, December 14th, 2012, and ending with breakfast on Monday, December 17th, 2012, for all Official Participants\* pursuant to IFBB rules:

Three (3) or more competitors = two (2) delegates

Two (2) competitors or less = one (1) delegate

\*The term "Official Participant" means 1) an Athlete who is duly authorized by his or her National Federation and who is registered by the IFBB to compete in the Championships, and 2) a Delegate who is duly authorized by his or her National Federation and who is registered by the IFBB to participate in the Championships pursuant to IFBB rules.

National Federations with no athlete may send one (1) official delegate, however, this delegate will be responsible for all of his or her own expenses.

The Official Arrival Date is Friday, December 14<sup>th</sup>, 2012. The Official Departure Date is Monday, December 17<sup>th</sup>, 2012.

#### **IMPORTANT NOTICE**

All National Team Official Participants (athletes, delegates) must check in BEFORE the start of Technical Meeting (14th December, 2012, 5:00pm). Any Official Participant not checked in by this deadline will classified as an extra delegate and will be responsible for all of his or her own expenses.

Any judge, coach, or trainer who is not an Official Participant will be responsible for all of his or her own expenses. If your National Federation wishes to bring a judge, coach or trainer, it is recommended that your Federation select this individual to be an Official Participant for your Federation; otherwise, these individuals will be responsible for all of their own expenses. The same rule applies for family members.

NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.

#### SPECIAL PACKAGES

SPECIAL PACKAGE RATES FOR EXTRA DELEGATES, SUPPORTERS, MEDIA AND OTHERS

The Organizing Committee has established a Full Special Package Rate, which includes three (3) nights accommodations with three (3) meals per day (breakfast, lunch and dinner), tickets to the Prejudging and Finals, tickets to the Farewell Banquet, and onsite transportation\* at a cost of Euro €300 per person in a double-bedded room or Euro €400 for a single-bedded standard room.

The Organizer has also established **Partial Special Package Rates** as follows:

1. **Partial Special Package Rate**, which includes tickets to the Prejudging and Finals, tickets to the Farewell Banquet at a cost of €100.

IMPORTANT NOTICE: anybody wish to have a Partial Special Package must inform the Organising Committee latest November 20<sup>th</sup>, 2012.

As the capacity of the venue site is limited it will NOT be possible to buy tickets at the venue site!

For more information, contact the Organizing Committee, please.

#### VENUE SITE

MILLENÁRIS TEÁTRUM (E building) 1024 Budapest, Kis Rókus utca 16-20. www.millenaris.hu





#### HOTEL SECURITY DEPOSIT

A hotel security deposit of €100 PER PERSON is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, room service, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted. In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for any and all expenses incurred by any members of his or her team.

### PLEASE ADVISE YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.

#### **AIRPORT**

The official airport is the Budapest Liszt Ferenc International Airport. The transportation from the airport to the hotel will be arranged for all teams. The Organizing Committee will pick you up at the airport on arrival. The organizer shall arrange the transportation between airport and hotel on Friday, December 14<sup>th</sup>, 2012 for €12.50 per person and the transportation between hotel and airport on Monday, December 17<sup>th</sup>, 2012, for €12,50 per person, based on the stated times of arrivals and departures.

Please notify the Organising Committee the details of your arrival time no later than 14 days before the Championships, so that suitable transportation can be arranged for your National Team members.

It is very important that every National Federation provide to the Organizing Committee complete arrival details of its team, including the number of people in its delegation.

Your cooperation is essential to ensuring adequate transportation for your team.

#### EARLY ARRIVALS/LATE DEPARTURES

Any National Federation, including any of its individual team members, arriving before the Official Arrival Date of December  $14^{th}$ , 2012 and/or staying on after the Official Departure Date of December  $17^{th}$ , 2012, will be responsible for all of their own expenses, including arranging their own transportation between the airport and the hotel. Accommodations before the Official Arrival Date and after the Official Departure Date will be approximately  $\mathbf{\epsilon}80$  per day for a twin-bedded room with breakfast and dinner. You must notify the Organizing Committee of any early arrivals and/or late departures no later than November  $20^{th}$ , 2012.

#### **IMPORTANT NOTICE**

Any National Federation team members arriving before the Official Arrival Date of December 14<sup>th</sup>, 2012 and/or staying on after the Official Departure Date of December 17<sup>th</sup>, 2012, will be responsible for their own transportation.

#### **VISAS**

A valid passport is required to enter the territory of the European Union. EU-country citizens do not require a visa. All other persons should consult the Hungarian Embassy in their country to determine if they require a visa. An Official Letter of Invitation will be made available if required.

#### CATEGORIES OPEN FOR COMPETITION

	CATEGORY	DISCIPLINE	BODYWEIGHT or BODY HEIGHT	A-TEAM	B-TEAM
1	Junior Women	Bodybuilding, age <23	Open Class	1	No limit
2	Junior Women	Bodyfitness, age <23	Up to& incl 163cm	2	No limit
3	Junior Women	Bodyfitness, age <23	Over 163 cm	2	NO IIIIII
4	Junior Women	Fitness, age <23	Up to& incl 163cm	2	No limit
5	Junior Women	Fitness, age <23	Over 163 cm	2	NO IIIIII
6	Junior Women	Bikini, age <23	Open class	1	No limit
7	Junior Men	Bodybuilding, age <23	Up to & incl 75 kg	2	No limit
8	Junior Men	Bodybuilding, age <23	Over 75 kg	2	NO IIIIII
9	Junior Men	Classic BB, age <23	Open Class	1	No limit
10	Junior Men	Fitness, age <23	Open Class	1	No limit
11	Junior Men	Athletic Physique	Open Class	1	No limit

12	Master Women	Bodybuilding: age>35yrs	Open Class	1	No limit
13	Master Women	BodyFitness	Age: 35-44 yrs	2	No limit
14	Master Women	BodyFitness	Age>45 yrs	2	NO IIIIII
15	Master Men	Bodyb. age: 40-49 yrs	Up to & incl 70 kg		
16	Master Men	Bodyb. age: 40-49 yrs	Up to & incl 80 kg		
17	Master Men	Bodyb. age: 40-49 yrs	Up to & incl 90 kg		
18	Master Men	Bodyb. age: 40-49 yrs	Over 90 kg	8	No limit
19	Master Men	Bodyb. age: 50-59 yrs	Up to & incl 80 kg	O	
20	Master Men	Bodyb. age: 50-59 yrs	Over 80 kg		
21	Master Men	Bodyb. age: 60-65 yrs	Open Class		
22	Master Men	Bodyb. age > 65 yrs	Open Class		
23	Master Men	Classic BB: age 40-49	Open Class	2	No limit
24	Master Men	Classic BB: age > 50 yrs	Open Class	2	
25	Men	Wheelchair	Open Class	1	No limit

**IMPORTANT NOTICE:** From January 1<sup>st</sup>, 2012, the upper age limit for all IFBB Junior competitors is 23 years old. Year of birth decides. From January 1<sup>st</sup>, 2012, there are two Master Women's Bodyfitness age categories: from 35 to 44 age old and over 45 years old. Year of birth decides.

Master Men's Classic Bodybuilding categories weight – height limits tolerance:

Height	Bodyweight limit
Up to 168 cm	Height - 100
Up to 171 cm	(Height -100) + 2  kg
Up to 175 cm	(Height -100) + 4  kg
Up to 180 cm	(Height -100) + 6  kg
Up to 180 cm	(Height -100) + 8  kg
Up to 198 cm	(Height -100) + 9  kg
Over 198 cm	(Height -100) + 10  kg

Junior Men's Classic Bodybuilding categories weight – height limits tolerance:

Height	Bodyweight limit
Up to 168 cm	Height - 100
Up to 171 cm	(Height -100) + 1 kg
Up to 175 cm	(Height -100) + 2  kg
Up to 180 cm	(Height -100) + 3  kg
Up to 190 cm	(Height -100) + 4  kg
Up to 198 cm	(Height -100) + 4.5  kg
Over 198 cm	(Height -100) + 5  kg

The rules regarding A and B teams for this event are the follows:

The "A"- team

- Each National Federation may enter an "A"- team. The maximum allowable number of competitors in the "A"- team is 25.
- A maximum allowable number of "A"- team competitors per National federation in any one category shall not exceed two (2).
- Pursuant to applicable rules, the Organiser will provide free-of-charge accommodation, meals, onsite transportation and access to the Prejuding, Finals and Farewell Banquett to all "A"- team competitors and delegates.
- National Fedration shall pay a Registration Fee for each "A"-team competitor and delegates.
- The "A"-team competitors shall compete for placings and awards, including the Best National Team award.
- A National Federation must fully declare its "A"- team competitors on the Final Enry Form and must register the "A"-team competitors upon check-in the official hotel, failing wich any undeclared competitor shall be responsible for all his or her expenses.

The "B" - team

- Each National Federation may enter a "B"- team.
- There is NO LIMITATION for "B"- team competitors in these Championships.
- The National Federation shall be obliged to pay the Full Package Rate for each "B"- team competitor. This package shall comprise the competitor accommodation, meals, onsite transportation, and access for Prejudging, Finals and Farewell Banquett.
- There shall be no requirement for "B"- team competitors to pay the Registration Fee.
- The "B"-team competitors shall compete for placings and awards, excluding the Best National Team award.
- A National Federation must fully declare its "B"- team competitors on the Final Enry Form and must register the "B"- team competitors upon check-in the official hotel, failing wich any undeclared competitor shall be disqualified.

#### **SECRETARIAT**

The Organizing Committee will maintain a Secretariat at the Official Hotel, from 11:00 am, December 14<sup>th</sup>, 2012 to 10:00 am, December 17<sup>th</sup>, 2012. You may obtain information and assistance from the Secretariat.

#### IFBB REGISTRATION FEE

Each Official A-team Junior Participant and each Official Delegate, including delegates without competitors, must pay the IFBB Registration Fee of Euro €150. This fee is payable to the IFBB upon arrival at the Official Hotel in Budapest.

Each Official A-team Masters Participant must pay the IFBB Registration Fee of €200.

**B-team** athletes are not required to pay the IFBB Registration Fee since this is included in the Full Special Package Rate.

The IFBB Registration Fee is completely separate from the hotel security deposit.

#### **IMPORTANT NOTICE**

You must pay the Hotel security Deposit and IFBB Registration Fee BEFORE your team members are provided accommodations. If any of your athletes or delegates arrives in Budapest without their Team Manager or Chief Delegate, that athlete or delegate must pay the Hotel Security Deposit and IFBB Registration Fee BEFORE a room can be assigned.

#### DOPING CONTROL

Doping control will be conducted by the IFBB Anti-Doping Commission pursuant to the IFBB Anti-Doping Rules, using a WADA accredited laboratory.

In order to compete in the Championships, all competitors at the weigh-in and registration will be required to sign a Drug Testing Consent & Waiver of Liability Form (available in the appendix).

Doping tests may be conducted using any of the following methods:

- Random Selection: A number of athletes selected at random throughout the event e.g. at weigh-in.
- Weighted Selection: A number of athletes selected at random from among the top finalists e.g. at finals.
- The IFBB reserves the rights to target test any athlete.

The IFBB is a signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at the IFBB international competitions.

#### **IMPORTANT NOTICE**

Doping tests may be conducted using any or all of the following methods:

- 1. Random Selection: A number of athletes selected at random throughout the event e.g. at Weigh-in or Prejudging.
- 2. Weighted Selection: A number of athletes selected at random from among the top finalists e.g. at Finals

\*The IFBB reserves the right to Target Test any athlete

DOPING CONTROL PROCEDURES: THE ATHLETE'S GUIDE

DRUG TESTING CONSENT & WAIVER OF LIABILITY FORM

#### PASSPORT/MUSIC

All competitors must provide their PASSPORT and MUSIC at weigh in/height measurement, failing wich the competitor will not be registered. The music must be on CD, at the start of the CD. The Athletes's name must be affixed on the CD for identification purposes.

#### **IMPORTANT NOTICE**

The use of profane, vulgar and/or offensive language is strictly prohibited in posing music.

#### NATIONAL ANTHEM/NATIONAL FLAG

All National Federations must bring with them to Budapest the music of their National Anthem (**shortened version only**) on CD. This must be on a separate CD to any posing music. All National Federations shall bring with them to Budapest their National Flag. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters.

\*Note: For all European National Federations, the IFBB already has a copy of all National Anthems on CD.

#### PARADE OF NATIONS

The dress code for all Delegates and/or officials taking part in the Parade of Nations is the IFBB official uniform. The dress code for all athletes taking part in the Parade of Nations is posing attire. One (1) delegate and one (1) competitor per country must take part in the Parade of Nations

#### **JUDGES**

In order to assist the IFBB Judges Committee in their selection of judges for this Championships, please forward your nomination for judges from your National Federation as soon as possible but no later than **November 20<sup>th</sup>**, **2012** to:

Pawel Filleborn Chairman IFBB Judges Committee Fax: +48 22 642 73 51

E-mail: p.filleborn@neostrada.pl

PLEASE DO NOT FAX YOUR NOMINATIONS TO IFBB HEADQUARTERS.

The names of those judges submitted in advance will receive priority consideration. All international judges must bring their international judge's cards to Budapest.

#### **IMPORTANT NOTICE**

All judges must attend the Judges/Team Manager meeting. If a judge is absent from this meeting, he or she will not judge.

#### MEDIA ACCREDITATION

All media accreditation, accept local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form, said form which must be remitted to the IFBB by e-mail at <a href="mailto:info@ifbb.com">info@ifbb.com</a> no later than November 20<sup>th</sup>, 2012.

#### IFBB MEDIA ACCREDITATION FORM

#### **COMPETITOR INFORMATION FORM**

This form must be completed by each competitor BEFORE the weigh-in/height measurement and must be given to the IFBB Press Commission representative at the weigh-in/height measurement. This information is used to promote the competitor in the press, on TV, the website and other media.

#### **COMPETITOR INFORMATION FORM**

#### **GREEN CARDS**

Green cards, used to limit access to the Weigh-in and backstage area during the Prejudging and Finals, will be distributed at the Judges/Team Managers Meeting as follows:

five (5) or more competitors - two (2) green cards less than five (5) competitors - one (1) green card

IF A NATIONAL FEDERATION DOES NOT ATTEND THE JUDGES/TEAM MANAGERS MEETING, IT WILL NOT BE ISSUED A GREEN CARD.

#### BACKSTAGE ACCESS/DRESSING ROOM ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

### **CAMERA/VIDEOTAPE EQUIPMENT**

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

#### TIME DIFFERENCE

GMT +1 hour

#### **CURRENCY**

The national currency in Hungary is the Hungarian Forint. One Euro is approximately equal to 275 Forint (one USD is approximatelly equal to 220 Forint) but the rates can fluctuate. All major credit cards are widely accepted at most major hotels, department stores and restaurants. You may be requested to show your passport.

#### **CLIMATE**

During the month of December, the average temperature is  $0^0 - 2^0$  C.

#### ELECTRICAL CURRENT

The electrical outlet are 220 V, 50 Hz. Socket / plug of type C plug, with two round prongs, popularly known as the europlug and used in all continental Europe countries.

#### LANGUAGE

The official language in Budapest is Hungarian. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

#### ATHLETES WITHOUT DELEGATES

All Athletes competing at IFBB World Championships must be Members in Good Standing of their National Federations. Any Athlete who arrives without a Delegate must carry an **Official Letter of Authorization of Participation** from his National Federation, failing which the Athlete will not be allowed to participate.

#### FAILURE TO HONOR FINAL ENTRY FORM DEADLINE

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championship activities. A failure to respect these deadlines is a breach of *IFBB Rules*. The IFBB reserves the right to deny participation to any National Federation that does not respect the deadlines for submitting the Final Entry Form.

If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

#### **MISREPRESENTATION**

Misrepresentation is a serious breach of the *IFBB Code of Ethics* and occurs when an "official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer.

Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.

Any National Federation found guilty of misrepresentation will be immediately disqualified from the Championships and will be fined an amount equal to the Special Package Rate for each person involved.

#### MEDICAL WITHDRAWAL

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IFBB Chief Judge before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

#### FAILURE TO COOPERATE

Failure to cooperate with the Organizing Committee is contrary to the IFBB *Code of Ethics* and may result in disciplinary measures being taken by the IFBB against the offending National Federation.

#### CORRESPONDENCE/CONTACT INFORMATION

Please send all correspondence to:

Mr. István Huber Hungarian Bodybuilding and Fitness Federation President and Ms. Viola Vargha Assistant General Secretary

Mobile: +36 30 960 81 86

Email: huberfitnesz@freemail.hu

Please copy all correspondence to:

International Federation of Bodybuilding and Fitness Dr. Rafael Santonja IFBB President

Phone: +34 91 535 2819 Fax: +34 91 535 0320

E-mail: <u>international@santonja.com</u>

#### PRELIMINARY ENTRY FORM

The deadline date for the Preliminary Entry Form is **November 1**<sup>st</sup>, **2012**. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline date, confirming your federation's intent to participate. If at this time you do not know the actual names of the Official Participants (Athletes and Delegates, including judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

#### PRELIMINARY ENTRY FORM

#### FINAL ENTRY FORM

The deadline date for the Final Entry Form is **December 3<sup>rd</sup>, 2012**. National Federations must submit the actual names of all Official Participants (Athletes by weight category and Delegates, including judges). You must also include flight arrival and departure information. In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned not later than the deadline date. Your co-operation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.

#### **FINAL ENTRY FORM**

It is the responsibility of the president or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report.

If any of your athletes and/or delegates are traveling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.

#### TENTATIVE SCHEDULE OF ACTIVITIES

The following schedule of activities is tentative and is therefore subject to change. Please check regularly for updates:

Friday	11:00 - 17:00	Official Arrival Date for Athletes and Delegates
December 14	17:00	Technical Meeting
	17:30	Judges & Team Managers Meeting
	18.30	WEIGH-IN, REGISTRATION
	19:00 – 22:30	Dinner

Saturday December 15	07:00-10:00	Breakfast
December 13	10:00-13:30	<b>Prejudging and Finals part 1</b>
	13:00-15:00	Lunch at the venue site
	14:00-20:00	Prejudging and Finals part 2
	19:00-22:00	Dinner
Sunday	07:00-10:00	Breakfast
December 16	10:00-13:30	<b>Prejudging and Finals part 3</b>
	13:00-15:00	Lunch at the venue site
	14:00 – 19:00	Prejudging and Finals part 4
	20:30-23:00	Farewell Banquet
Monday December 17	07:00-10:00	Breakfast
December 17	06:00-12:00	Official Departure Date Check out and departure of all participants



#### INTERNATIONAL BODYBUILDING & FITNESS FEDERATION

Calle Dublin No. 39-I, 28232 Las Rozas, Madrid, Spain Tel: +34 91 535 2819 Fax: +34 91 636 1270 E-mail: internacional@santonja.com Website: www.ifbb.com



#### PRELIMINARY ENTRY FORM

2012 IFBB World Juniors, Masters and Men's Wheelchair Championships Budapest, Hungary, December 14 –17, 2012

In order to assist in the planning and organization of these Championships, please complete the Preliminary Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN NOVEMBER 1<sup>ST</sup>, 2012.

#### **PLEASE PRINT CLEARLY**

FEDERATION NAME:		
FEDERATION CONTACT PERSON:		
FAX NUMBER:	E-MAIL:	
Our Federation is planning to participate in the 2012 IFBB World Juniors, Masters and Men's Wheelchair Bodybuilding, Fitness & Bikini Championships		
Please indicate: "YES"		
NUMBER OF DELEGATES:	NUMBER OF ATHLETES:	

Please be advised that there will be **twenty four\_(25) categories** at these Championships as follows: Junior Women Bodybuilding (open), Junior Men Bodybuilding up to 75 kg, Junior Men Bodybuilding over 75 kg, Junior Men Classic Bodybuilding (open), Junior Women Fitness up to 163 cm, Junior Women Fitness over 163 cm, Junior Men Fitness (open), Junior Women Bodyfitness up to 163 cm, Junior Women Bodyfitness over 163 cm, Junior Women Bikini Fitness (open), Junior Men Athletic Physique (open), Masters Women Bodybuilding (open), Masters Men Bodybuilding 40 – 49 years (up to 70 kg), Masters Men Bodybuilding 40 – 49 years (up to 80 kg), Masters Men Bodybuilding 40 – 49 years (over 90 kg), Masters Men Bodybuilding 50 – 59 years (over 90 kg), Masters Men Bodybuilding 50 – 59 years (over 80 kg), Masters Men Bodybuilding 60- 65 years (open), Masters Men Bodybuilding over 65 years (open), Masters Men Classic Bodybuilding 40 - 49 years (open), Masters Men Bodyfitness over 45 years (open), Men's Wheelchair Bodybuilding (open).

Each National Federation may enter to the 2012 IFBB World Juniors and Masters Championships:

- 1) up to a maximum of 11 (eleven) A-Team juniors, and
- 2) up to a maximum of 3 (three) A-team master women, and
- 3) up to a maximum of 10 (ten) A-team master man bodybuilders, and
- 4) up to a maximum of 1 (one) A-team wheelchair bodybuilder

In total, each National Federation may enter a maximum of 25 athletes in A-Team as well as unlimited number of juniors, masters and wheelchairs in B-Team.

<u>IMPORTANT</u>: Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate <u>will be responsible for all of his or her expenses</u>. Any judges, coaches, or trainers who are not official delegates <u>will be responsible for all of their expenses</u>.

PLEASE RETURN THE PRELIMINARY ENTRY FORM, INDICATING YOUR INTENT TO PARTICIPATE OR NOT, NO LATER THAN NOVEMBER 1<sup>st</sup>, 2012 TO: huberfitnesz@freemail.hu



#### **INTERNATIONAL BODYBUILDING & FITNESS FEDERATION**

Calle Dublin No. 39-I, 28232 Las Rozas, Madrid, Spain Tel: +34 91 535 2819 Fax: +34 91 636 1270 E-mail: internacional@santonja.com Website: www.ifbb.com



### FINAL ENTRY FORM

### 2012 IFBB WORLD JUNIORS AND MASTERS BODYBUILDING AND FITNESS CHAMPIONSHIPS 2012 IFBB WORLD MEN'S WHEELCHAIR BODYBUILDING CHAMPIONSHIPS

Budapest, Hungary, December 14 –17, 2012

In order to assist in the planning and organization of these Championships, please complete the Final Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN DECEMBER 3<sup>RD</sup>, 2012.

return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN DECEMBER'S , 2012.
FEDERATION NAME:
E-MAIL:  1 <sup>ST</sup> DELEGATE:
2 <sup>ND</sup> DELEGATE:
IFBB WORLD JUNIORS AND MASTERS CHAMPIONSHIPS
JUNIOR A-TEAM (from 16 up to 23 years old)
JUNIOR MEN BODYBUILDING (A TEAM) <75 kg:
JUNIOR MEN BODYBUILDING (A TEAM) >75 kg:
JUNIOR WOMEN BODYBUILDING (A TEAM) OPEN:
JUNIOR MEN CLASSIC BODYBUILDING (A TEAM) OPEN:
JUNIOR WOMEN FITNESS (A TEAM) UP TO 163 CM:
JUNIOR WOMEN FITNESS (A TEAM) OVER. 163 CM:
JUNIOR MEN FITNESS (A TEAM) OPEN:
JUNIOR WOMEN BODYFITNESS (A TEAM) UP TO 163 CM:
JUNIOR WOMEN BODYFITNESS (A TEAM) OVER. 163 CM:
JUNIOR WOMEN BIKINI FITNESS (A TEAM) OPEN:
JUNIOR MEN ATHLETIC PHYSIQUE (A TEAM) OPEN:
JUNIOR B-TEAM (from 16 up to 23 years old)
JUNIOR MEN BODYBUILDING (B TEAM) <75 kg:
JUNIOR MEN BODYBUILDING (B TEAM) >75 kg:
JUNIOR WOMEN BODYBUILDING (B TEAM) OPEN:

JUNIOR WOMEN FITNESS (B TEAM) UP TO 163 CM:

JUNIOR MEN CLASSIC BODYBUILDING (B TEAM) OPEN:

JUNIOR WOMEN FITNESS (B TEAM) OVER. 163 CM:

JUNIOR MEN FITNESS (B TEAM) OPEN:

JUNIOR WOMEN BODYFITNESS (B TEAM) UP TO 163 CM:

JUNIOR WOMEN BODYFITNESS (B TEAM) OVER. 163 CM:

JUNIOR WOMEN BIKINI FITNESS (B TEAM) OPEN:

JUNIOR MEN ATHLETIC PHYSIQUE (B TEAM) OPEN:

#### **MASTER WOMEN A-TEAM**

MASTER WOMEN BODYBUILDING (A TEAM) AGE OVER 35:

MASTER WOMEN BODYFITNESS (A TEAM) AGE 35-44:

MASTER WOMEN BODYFITNESS (A TEAM) AGE OVER 45:

#### **MASTER WOMEN B-TEAM (unlimited)**

MASTER WOMEN BODYBUILDING (B TEAM) AGE OVER 35:

MASTER WOMEN BODYFITNESS (B TEAM) AGE 35-44:

MASTER WOMEN BODYFITNESS (B TEAM) AGE OVER 45:

MORE ATHLETES:

#### **MASTER MEN BODYBUILDING AGE 40-49 A-TEAM**

MASTER MEN BODYBUILDING (A TEAM) UP TO 70 KG:

MASTER MEN BODYBUILDING (A TEAM) UP TO 80 KG:

MASTER MEN BODYBUILDING (A TEAM) UP TO 90 KG:

MASTER MEN BODYBUILDING (A TEAM) OVER 90 KG:

#### MASTER MEN BODYBUILDING AGE 40-49 B-TEAM (unlimited)

MASTER MEN BODYBUILDING (B TEAM) UP TO 70 KG:

MASTER MEN BODYBUILDING (B TEAM) UP TO 80 KG:

MASTER MEN BODYBUILDING (B TEAM) UP TO 90 KG:

MASTER MEN BODYBUILDING (B TEAM) OVER 90 KG  $\,$ 

MORE ATHLETES:

#### MASTER MEN CLASSIC BODYBUILDING A-TEAM

MASTER MEN CLASSIC BODYBUILDING (A TEAM) AGE 40-49:

MASTER MEN CLASSIC BODYBUILDING (A TEAM) AGE OVER 50:

#### MASTER MEN CLASSIC BODYBUILDING B-TEAM (unlimited)

MASTER MEN CLASSIC BODYBUILDING (B TEAM) AGE 40-49:

MASTER MEN CLASSIC BODYBUILDING (B TEAM) AGE OVER 50:

MORE ATHLETES:

# MASTER MEN BODYBUILDING AGE OVER 50 A-TEAM MASTER MEN BODYBUILDING (A TEAM) AGE 50-59, UP TO 80 KG: MASTER MEN BODYBUILDING (A TEAM) AGE 50-59, OVER 80 KG: MASTER MEN BODYBUILDING (A TEAM) AGE 60-65, OPEN: MASTER MEN BODYBUILDING (A TEAM) AGE OVER 65, OPEN: MASTER MEN BODYBUILDING AGE OVER 50 B-TEAM (unlimited) MASTER MEN BODYBUILDING (A TEAM) AGE 50-59, UP TO 80 KG: MASTER MEN BODYBUILDING (A TEAM) AGE 50-59, OVER 80 KG: MASTER MEN BODYBUILDING (A TEAM) AGE 60-65, OPEN: MASTER MEN BODYBUILDING (A TEAM) AGE OVER 65, OPEN: MORE ATHLETES: MEN'S WHEELCHAIR BODYBUILDING WHEELCHAIR A-TEAM COMPETITOR: WHEELCHAIR B-TEAM COMPETITOR: MORE B-TEAM ATHLETES: **JUDGES and TEST JUDGES** JUDGE: JUDGE: **TEST JUDGE: TEST JUDGE: EXTRA DELEGATES and SUPPORTERS EXTRA DELEGATES:**

1.

2.

1.

2.

3.

**SUPPORTERS:** 

l	LISZT FERENC INTERNATIONAL AIRPORT - BUDAPEST	T .	
	ARRIVAL DATE:	ARRIVAL TIME:	
	AIRLINE:	FLIGHT NUMBER:	
	DEPARTURE DATE:	DEPARTURE TIME:	
	AIRLINE:		
	TRANSPORT AIRPORT – HOTEL – AIRPORT		
	TIME:		
	NUMBER OF PERSONS FROM THE AIRPORT TO THE HOTEL (€12.50 PER PERSON): TOTAL EUROS:		
TIME:			
	NUMBER OF PERSONS FROM THE HOTEL TO THE AIRPORT (€12.50 PER PERSON): TOTAL EUROS:		
1			

#### PARTICIPATION IN THE 2012 IFBB WORLD JUNIORS & MASTERS CHAMPIONSHIPS:

Please be advised that there will be **twenty four\_(25) categories** at these Championships as follows: Junior Women Bodybuilding (open), Junior Men Bodybuilding up to 75 kg, Junior Men Bodybuilding over 75 kg, Junior Men Classic Bodybuilding (open), Junior Women Fitness up to 163 cm, Junior Women Fitness over 163 cm, Junior Men Fitness (open), Junior Women Bodyfitness up to 163 cm, Junior Women Bodyfitness over 163 cm, Junior Women Bikini Fitness (open), Junior Men Athletic Physique (open), Masters Women Bodybuilding (open), Masters Men Bodybuilding 40 – 49 years (up to 80 kg), Masters Men Bodybuilding 40 – 49 years (up to 80 kg), Masters Men Bodybuilding 50 – 59 years (up to 80 kg), Masters Men Bodybuilding 50 – 59 years (over 80 kg), Masters Men Bodybuilding 60- 65 years (open), Masters Men Bodybuilding over 65 years (open), Masters Men Classic Bodybuilding 40 - 49 years (open), Masters Men Bodyfitness over 45 years (open), Men's Wheelchair Bodybuilding (open).

Each National Federation may enter to the 2012 IFBB World Juniors and Masters Championships:

- 1) up to a maximum of 11 (eleven) A-Team juniors, and
- 2) up to a maximum of 3 (three) A-team master women, and
- 3) up to a maximum of 10 (ten) A-team master man bodybuilders, and
- 4) up to a maximum of 1 (one) A-team wheelchair bodybuilder

In total, each National Federation may enter a maximum of 25 athletes in A-Team as well as unlimited number of juniors, masters and wheelchairs in B-Team.

**IMPORTANT:** Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate <u>will be responsible for all of his or her expenses</u>. Any judges, coaches, or trainers who are not official delegates <u>will be responsible for all of their expenses</u>.

# <u>PLEASE RETURN THE FINAL ENTRY FORM, INDICATING THE ACTUAL NAMES OF YOUR TEAM MEMBERS, NO LATER THAN DECEMBER 3<sup>RD</sup>, 2012, TO:</u>

Mr. István Huber Hungarian Bodybuilding and Fitness Federation President and Ms. Viola Vargha Assistant General Secretary

Mobile: +36 30 960 81 86

Email: <u>huberfitnesz@freemail.hu</u>

Please copy all correspondence to:

#### **IFBB HEAD OFFICE**

Email: internacional@santonja.com

Web: www.ifbb.com

And IFBB Technical Committee Email: <a href="mailto:wanda.tierney@ifbb-uk.com">wanda.tierney@ifbb-uk.com</a>

And EBFF Press Commission Email: <a href="mailto:amichalak5@gmail.com">amichalak5@gmail.com</a>

#### **VERY IMPORTANT NOTICE**

It is the responsibility of the president or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report. If any of your athletes and/or delegates are travelling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.

### **COMPETITOR INFORMATION FORM**

2012 IFBB WORLD JUNIORS & MASTERS CHAMPIONSHIPS – BUDAPEST, HUNGARY

THE CATEGORY YOU WANT TO START IN:		
FIRST NAME:FA	AMILY NAME:	
COUNTRY:	DATE OF BIRTH:	
CONTEST BODYWEIGHT:	kg, <b>BODY HEIGHT:</b> cm	
OFF-SEASON BODYWEIGHT:		
EDUCATION (school, specialization):		
GYM (STUDIO, CLUB):	CITY:	
TRAINERS:		
HOBBY:		
NEXT CONTEST (PLANNED):		
SPORT ACHIEVEMENTS:		
E-MAIL ADDRESS (in block letters):		
YOUR PERSONAL WEBSITE ADDRESS: .		
	Signature	

# 2012 IFBB WORLD JUNIORS & MASTERS BODYBUILDING & FITNESS CHAMPIONSHIPS



Budapest, Hungary December 14-17, 2012

In consideration of approving my application for IFBB Press Accreditation to the Event listed above, I the undersigned do hereby agree to be bound by the IFBB Constitution and Rules, including the IFBB Code of Ethics. I further agree to cooperate fully with the IFBB and the Event Organizer. I understand and accept that the IFBB may charge a Press Accreditation Fee for this Event in the amount of EUR \$100.00. I will arrange the extra package of accommodation (in case I am not official delegate), that shall be arranged through my national federation with the organizing committee.

#### PLEASE PRINT CLEARLY

		FLEASE FRINT CLEARET
1	LAST NAME (AS WRITTEN IN PASSPORT):	
2	FIRST NAME (AS WRITTEN IN PASSORT):	
3	PASSPORT NUMBER	
4	NATIONALITY	
5	SEX (MALE OR FEMALE)	
6	DATE OF BIRTH (DD.MM.YYYY)	
7	PLACE OF BIRTH (CITY/TOWN/COUNTRY)	
8	DATE OF ISSUE (DD.MM.YYYY)	
9	DATE OF EXPIRY (DD.MM.YYYY)	
10	PLACE OF ISSUE (CITY/TOWN/AUTHORITY)	
11	NAME OF COMPANY (MAGAZINE, NEWSPAPER, TV)	
12	COMPLETE MAILING ADDRESS (STREET/APT #, CITY, COUNTRY, POSTAL CODE)	
13	TELEPHONE NUMBER	
14	FAX NUMBER	
15	E-MAIL ADDRESS	
16	WEBSITE	
17	ARRIVAL INFORMATION	
18	DEPARTURE INFORMATION	

DATE SIGNATURE

YOU MUST RETURN THIS COMPLETED AND SIGNED FORM BY FAX OR E-MAIL TO THE IFBB PRESS COMMISSION (Info@iffbb.com) NO LATER THAN 30 DAYS REFORE THE SVENT, FAH INC. MURCH RESS, ACCREDITATION MAY BE

YOU MUST RETURN THIS COMPLETED AND SIGNED FORM BY FAX OR E-MAIL TO THE IFBB PRESS COMMISSION (info@ifbb.com) NO LATER THAN 30 DAYS BEFORE THE EVENT, FAILING WHICH PRESS ACCREDITATION MAY BE DENIED. YOU SHOULD CHECK THE EVENT INSPECTION REPORT AT <a href="http://www.ifbb.com/contests/calendar">http://www.ifbb.com/contests/calendar</a> TO SEE IF ANY OTHER CONDITIONS APPLY, SUCH AS THE DEADLINE DATE FOR REGISTRATION WITH THE EVENT ORGANIZER.